

**KENDRIYA VIDYALAYA BOWENPALLY**  
**MULTI-DISCIPLINARY PROJECT (2021 - 22)**

**CLASS – 4A**



**Name of the student:** \_\_\_\_\_

**Class & Section:** \_\_\_\_\_

**Roll No.** \_\_\_\_\_

**Project Title:** Food and Nutrition.

**Theme:** To aware the child about healthy lifestyle.

**Integrated subjects:** MATHS, EVS, ENGLISH, HINDI.

**Guide Teachers: 1. Tejashree Madam (Maths)**

**2. Priyanka Madam (English)**

**3. Kritika Madam (Hindi)**

**4. Ramesh Sir (EVS)**

**Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

## **MATHS**

1. Take 2 biscuit packets of different brands. Note down the following contents on the packets of both the brands. a) Carbohydrates b) Proteins c) Fats d) Sugar. Paste the empty packets of these biscuits. Also represent these nutrients through Bar graph.
2. Prepare a maths working model of multiplication.

## **ENGLISH:**

1. Write a dialogue between a nutritionist and a school going child on the harmful effects on junk food.
2. Write / collect a poem on healthy lifestyle and recite it.

## **HINDI:**

1. अच्छे स्वास्थ्य के लिए आवश्यक चीजों की सूची बनाइये ।
2. कोविड-19 महामारी से पहले और बाद में जीवनशैली में बदलाव पर निबंध लिखे ।

## **EVS:**

**1. Make your own healthy weekly diet plan.**

(The students know what is balanced diet and its importance)

**2. Collect pictures or draw some pictures of Healthy and Junk food.**

(Children understand what is healthy and what is unhealthy)

**Instructions to the students:**

1. Write given projects neatly on A4 size sheet papers.
2. Complete and submit your project on or before 5<sup>th</sup> January, 2022.
3. Take a print out of first page and attach to the project and make a folder.